

## CERTIFICATE **OF PARTICIPATION**

This is to certify that

## Dave Abdo

Has successfully participated & completed the

12km Women Rock - Trail Run presented by Navworld

held at Ingaadi Spa.

## **TIME** 01:05:13

**PACE** 05:25/km OVERALL 34 of 124

**GENDER** 21 of 47 40 - 49 8 of 14

outLime

Signature

28 August 2016, Sun

Date